



Resources: Mental Wellness & Suicide Prevention Resources

Resources for Employers

Construction Industry Alliance for Suicide Prevention (www.preventconstructionsuicide.com)

STAND Up Pledge forms: https://preventconstructionsuicide.com/STAND_UP_for_Suicide_Prevention

Free downloadable posters (English & Spanish): <https://preventconstructionsuicide.com/Posters>

LivingWorks Start Training Order Form:

<https://app.smartsheet.com/b/form/52aa38e2d9bf48aca253a6de0612daae>

Anonymous Screening by Mind Wise Innovations: <https://screening.mentalhealthscreening.org/ciasp>

10 Questions Leaders Must Ask:

<https://preventconstructionsuicide.starchapter.com/images/downloads/constsuicprev10ques.pdf>

10 Action Steps Companies Can Take To Save Lives:

<https://preventconstructionsuicide.starchapter.com/images/downloads/constsuicprev10actionsteps.pdf>

Needs Analysis and Integration Checklist:

https://preventconstructionsuicide.starchapter.com/images/downloads/Integration_Resources/construction_industry_alliance_for_suicide_prevention_needs_integration_checklist.pdf

Center for Workplace Mental Illness (American Psychiatric Association Foundation)

(<http://www.workplacentalhealth.org/>)

Working Remotely During COVID-19 (PDF)

<http://www.workplacentalhealth.org/Employer-Resources/Working-Remotely-During-COVID-19>

Workplace Mental Health Assessment – Organization Level

<https://www.workplacentalhealthassessment.com/>

Construction Case Study: Lakeside Industries, Inc. (Issaquah, WA)

<http://www.workplacentalhealth.org/News-Events/News-Listing/Lakeside-Industries-Tackling-Stigma-and-Making-it>



National Safety Council. Opioids at Work Employer Toolkit. (<https://safety.nsc.org/rxemployerkit>)

This free toolkit includes sample policies, fact sheets, presentations, 5-minute safety talks, posters, white papers, reports, videos and more so you can implement a workplace program on opioids

MindWise Innovations. Anonymous Online Mental Health Screenings.

(<https://screening.mentalhealthscreening.org/ciasp>)

These anonymous online screenings are free. The anonymous online screenings help employees gain a deeper awareness of their mental health and empower them to seek support. Screenings give your employees an opportunity to check in on their behavioral health, connect to local resources and work towards recovery. This link can be shared with your employees. Alternatively, employers can partner with MindWise to offer online screenings by creating a customized portal for your company. Visit mindwise.org or call the MindWise Screening team at 781-329-0071.

American Foundation for Suicide Prevention (www.AFSP.org)

Risk Factors & Warning Signs: <https://afsp.org/about-suicide/risk-factors-and-warning-signs/>

Find a Chapter Directory: <https://afsp.org/our-work/chapters/>

Statistics by State: <https://afsp.org/about-suicide/state-fact-sheets/>

Training: <https://afsp.org/take-action/get-training/>

National Alliance on Mental Illness (www.NAMI.org)

Infographics & Fact Sheet Library: <https://nami.org/Learn-More/Fact-Sheet-Library>

Your Local NAMI Chapter/Affiliate: <https://www.nami.org/Find-Your-Local-NAMI?>

Programs & Training: <https://www.nami.org/Find-Support/NAMI-Programs>

COVID-19 Information and Resources: <https://www.nami.org/getattachment/About-NAMI/NAMI-News/2020/NAMI-Updates-on-the-Coronavirus/COVID-19-Updated-Guide-1.pdf>